

## CYMHSU Collaborative

### CARIBOO Local Action Team Aims and Measures for September 1, 2014 to February 28, 2015

Using the Local Action Team objectives outlined in the BC CYMHSU Charter of September 2014 to June 2015, please complete the following template for your Local Action Team for the period of **September 1, 2014 to February 28, 2015**. Your Collaborative Coach can assist as needed.

<b>Local Action Team:</b>	Cariboo		
<b>Co-Chairs:</b>	Dianne McHardy, MCFD and Dr. Glenn Fedor		
<b>Project/Community Development Lead:</b>	N/A		
<b>Members – Names &amp; Affiliations:</b>			
<i>Name</i>	<i>Affiliation</i>	<i>Name</i>	<i>Affiliation</i>
Jeff Peimer	ER physician		
Troy Forcier	MCFD Clinician		
DebTrampleasure	Aboriginal Clinician		
Lori Sellars	Aboriginal Administrator		
Nancy Gale	Child Development Centre Administrator		
Matt Neufeld	Boys and Girls Club Exec Coordinator		
Becky Hasslan	Parent		
Larry Johannsen	School Counsellor		
Monica McKay	Pediatrician		
Vacant	RCMP		
Vacant	PSP coordinator		
Nikki MacDonald	Youth rep		
Kirsten Dressler	IH Mental Health Clinician		
Tanya Mores	TNG aborig navigator		
Anne Burrill	City of WL social development planner		
Carla Bullinger	Community that cares		

LAT CYMHSU Charter Objective(s)	Specific Aims for Action Period July 1, 2014 to February 28, 2015	Measurements
“What objective from the Charter are we addressing”?	“What are we trying to accomplish”?	“How will we know that a change is an improvement”?
<ul style="list-style-type: none"> <li>• New LATs to identify one or more objectives to be completed by June 2015.</li> <li>• Established LATs to achieve two or more objectives by June 2015.</li> </ul>	<ul style="list-style-type: none"> <li>• Aims are steps intended to meet an overall objective but can be specific and unique to your community’s needs.</li> <li>• Who, What, Where, When?</li> <li>• Be specific and keep it realistic and achievable.</li> </ul>	<ul style="list-style-type: none"> <li>• Make measures meaningful.</li> <li>• Measure by quantifying/counting, observing, asking....</li> <li>• Keep measures simple and establish a baseline if possible.</li> <li>• Did you make a positive difference? If not, adapt your aim(s) and try again.</li> </ul>
<p><b>1. Increase the awareness and engagement of children, youth, families, practitioners and community members with CYMHSU services through activities such as identifying and communicating current access to services and supports for children, youth, youth in transition, and their families.</b></p>	<p>Host second “Who’s Who in the Cariboo” in Winter 2015 targeted for x</p> <p>Establish A Patient Journey Working Group to work on a visual display to help tell our stories about youth and families and their difficult journey that we hope to improve on.</p> <p>Implement the Communication Plan with support from Divisions of Family Practice Communications Officer</p>	<p>Measure of success?</p> <p>Numbers of people who attend event</p> <p>Measure of activity of website hits</p> <p>Collect data from Integrated clinical coordinators for the IPCC project for CIRD division</p> <p>Measure contact with Division physician members</p>
<p><b>2. Establish or link to existing initiatives to provide multi-sector wraparound care to children, youth and their families.</b></p>	<p>Develop comprehensive wrap around team approach in the community using resources from CDC, MCFD and local physician expertise along local aboriginal teams</p>	<p>Collect Data from IPCC</p> <p>Link with Aboriginal navigators to collect Data</p> <p>Collect data from MCFD CDC team</p>
<p><b>4. Increase participation of schools and communities in fostering “caring adults” to provide support and protective factors for children and youth.</b></p>	<p>Continue “Communities that Care” initiative that have been well underway in community for last 8 year</p> <p>Promote and support activities for youth and families</p>	<p>Measure involvement of schools and parents</p>

<p><b>5. Work with schools to provide mental health literacy for teachers, students and parents through initiatives such as: professional development/training programs related to CYMHSU and youth and parent peer support.</b></p>	<p>Recognize and support local expertise to provide community training as well consider outside resources to provide additional support to local trainers</p> <p>Provide collaborative framework where people engage in mutually beneficial activities</p>	<p>Measures the number of events and persons attending</p>
<p><b>7. Promote uptake of the PHSA Indigenous Cultural Competency (ICC) Training to address cultural safety challenges in mental health and substance use for Indigenous peoples.</b></p>	<p>Have all Physicians and mental health workers take the training</p> <p>Funding provided by Health Authority</p>	<p>Record number of doctors completing the course</p>