

## Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative

### Local Action Team Aims and Measures for April 1, 2015 to March 31, 2016

Each Local Action Team will develop a one page document linked to the BC CYMHSU Collaborative Charter which will identify its aims and measures for the upcoming Action Period.

<b>Local Action Team:</b>	Thompson Region Local Action Team		
<b>Co-Chairs:</b>	Dave Hentschel, Dr. Shirley Sze, and Raj Chahal		
<b>Project/Community Development Lead:</b>	Monique Walsh		
<b>Members – Names &amp; Affiliations:</b>			
<i>Name</i>	<i>Affiliation</i>	<i>Name</i>	<i>Affiliation</i>
Bill Hamblett	SD #73	Katherine Gulley	MCFD – CYMH
Chris Hollstedt	TDoFP	Manon LeBlanc	MCFD – CYMH
Dr. Sheik Hosenbocus	Psychiatrist	Dr. Bamidele Olabiyi	Psychiatrist
Dr. Chaudhry Hussain	Psychiatrist	Robert Brooks	Forensics
Jeanine Cardinal	White Buffalo	Rae Samson	IH - AMH
Sian Lewis	Phoenix Centre	Ian Wood	IH - ER
Kris Weatherman	IH	Dr. Ian Mitchell	ER
Cst. Marie-Pascale Gagnon	RCMP	Dr. Allison Davey	Pediatrician
Kirk Sullivan	IH - Car 40	Dr. Lyn MacBeath	Psychiatrist
Tangie Genshorek	HAP	Kerry Mclean Small	IH – AMH
Helene Haugen	Parent	Amanda Lavigne	IH – Parkview
Jennifer Casorso	City of Kamloops	Leilah Stella	White Buaffalo
Dr. Selena Lawrie	FP	Kathie McKinnon	Secwepmic
Jocelyn Campbell	SD #73	Laura Becotte	Shared Care
Roy Haugen	Parent	Raj Chahal	Parkview - IH
Dr. Shirley Sze	FP	Diane Goossens	Impact BC
Dave Hentschel	MCFD	Monique Walsh	Shared Care

LAT CYMHSU Charter Objective(s)	Specific Aims for Action Period June 1, 2015 to October 31, 2015	Measurements
“What objective from the Charter are we addressing”?	“What are we trying to accomplish”?	“How will we know that a change is an improvement”?
<ul style="list-style-type: none"> <li>• New LATs to identify one or more objectives to be completed by June 2015.</li> <li>• Established LATs to achieve two or more objectives by June 2015.</li> </ul>	<ul style="list-style-type: none"> <li>• Aims are steps intended to meet an overall objective but can be specific and unique to your community’s needs.</li> <li>• Who, What, Where, When?</li> <li>• Be specific and keep it realistic and achievable.</li> </ul>	<ul style="list-style-type: none"> <li>• Make measures meaningful.</li> <li>• Measure by quantifying/counting, observing, asking....</li> <li>• Keep measures simple and establish a baseline if possible.</li> <li>• Did you make a positive difference? If not, adapt your aim(s) and try again.</li> </ul>
<p><b>LAT Objective:</b></p> <p>Work with schools to provide mental health and substance use literacy for teachers, students and parents through initiatives such as: professional development/training programs related to CYMHSU and youth and parent peer support.</p>	<p><b>Eway WG</b></p> <ul style="list-style-type: none"> <li>• Link Inventory of school programs on to Eway website</li> <li>• Relaunch Eway in community with an emphasis on schools in the fall.</li> </ul> <p>To provide youth, families, and service providers up to date information/criteria about mental health and substance use programs in Kamloops.</p> <p><b>Professional Development WG</b></p> <ul style="list-style-type: none"> <li>• Connect with Visioning Day mailing list on topics for PD series.</li> <li>• Connect with wider community of professionals to select session topics via e-survey</li> <li>• Develop PD series. First to run in this Action Period.</li> </ul> <p>To provide service providers an opportunity increase their knowledge on relevant CYMHSU topics and continue to build relationships across agencies.</p>	<p><b>Eway WG</b></p> <ul style="list-style-type: none"> <li>• Increase traffic to site by 35%</li> <li>• Launch with 100 participants visit the site and target 4 locations in launch.</li> <li>• Have 100% updated information on site at time of launch.</li> <li>• Youth and provider engagement in redesign (5 youth and 5 provider minimum)</li> </ul> <p><b>Professional Development WG</b></p> <ul style="list-style-type: none"> <li>• Develop e-survey with a list of 7 topic choices. Have 30 people respond to survey.</li> <li>• Host 3, 2 hour Professional Development Sessions (First one in this Action Period)</li> <li>• Have 90% of participants at first event say they would recommend to a friend.</li> </ul>
<p><b>LAT Objective:</b></p>	<p><b>Visioning Day WG</b></p> <ul style="list-style-type: none"> <li>• Create Communication</li> </ul>	<p><b>Visioning Day WG</b></p> <ul style="list-style-type: none"> <li>• Send out two</li> </ul>

<p>Establish or link to existing initiatives to provide multi-sector wraparound care to children, youth and their families.</p>	<p>plan to stay connected with this group of participants.</p> <p>To build upon the initial LAT work in linking agencies and building relationships and co-designing solutions to wraparound care with providers.</p> <p><b>Access and Flow WG</b></p> <ul style="list-style-type: none"> <li>• Host meeting bringing back all the original key players</li> <li>• Review original crisis protocol, what has changed.</li> <li>• Provide summary report of work to date and feedback from participants.</li> </ul> <p>To clarify and provide guidance for service providers in multi-sector wraparound care (during crisis and during transition)</p> <p><b>Communications WG</b></p> <ul style="list-style-type: none"> <li>• Develop working group to explore communication gaps</li> <li>• Identify one key area for change in next Action Period</li> </ul> <p>To test a process or tool to improve communication between agencies in wraparound care.</p> <p><b>Physician Reference Group</b></p> <ul style="list-style-type: none"> <li>• Complete needs assessment</li> <li>• Communications plan (physician specific)</li> </ul> <p>To connect physicians with other</p>	<p>communications to group.</p> <ul style="list-style-type: none"> <li>• From invitation, recruit four new participants from Visioning Days to get involved with LAT WGs.</li> </ul> <p><b>Access and Flow WG</b></p> <ul style="list-style-type: none"> <li>• Produce a summary report of work to date</li> <li>• Finalize the algorithm and present to LAT in September.</li> <li>• Updated current state crisis protocol by September.</li> <li>• Communicate protocol with physician community</li> <li>• Host ‘desired state’ crisis protocol with SD, RCMP, FP/SP, MCFD, IH, and FN agencies all present.</li> </ul> <p><b>Communications WG</b></p> <ul style="list-style-type: none"> <li>• Run two small test of change around communications. Test/Measurements to be determined.</li> <li>• Seek broader engagement / feedback from stakeholders</li> </ul> <p><b>Physician Reference Group</b></p> <ul style="list-style-type: none"> <li>• Completed assessment data</li> <li>• Send out two physician specific communications.</li> <li>• Have three physicians</li> </ul>
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	<p>service providers/each other/knowledge/skills around CYMHSU wraparound care.</p> <p><b>Navigator WG</b></p> <ul style="list-style-type: none"> <li>• Explore successful navigator position</li> <li>• Engage with ICS on navigator role</li> </ul> <p>To link existing navigator initiatives and learnings to assist children and youth through the system.</p> <p><b>HUB WG</b></p> <ul style="list-style-type: none"> <li>• Assist with psychiatrist/FP infrastructure at John Tod Centre.</li> <li>• Connect/support with school HUB model</li> </ul> <p>To encourage/support physicians to engage in co-location CYMSHU services.</p>	<p>contribute to algorithm/crisis protocol</p> <ul style="list-style-type: none"> <li>• Have two physicians attend Professional Development workshop</li> </ul> <p><b>Navigator WG</b></p> <ul style="list-style-type: none"> <li>• List of current navigator roles in our community</li> <li>• List where gaps still exist</li> </ul> <p><b>HUB WG</b></p> <ul style="list-style-type: none"> <li>• Identify FP or Psychiatrist interested.</li> <li>• Identify infrastructure barriers.</li> <li>• Identify and conduct one small test of change with WG</li> </ul>
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